



Wellness Services

Public Membership Rate Card

Annual Memberships

Commitment to an annual membership will reduce your overall charge. You'll save \$10 each month in membership costs plus we will waive the fitness assessment fee and orientation fee. Best of all, by signing the annual membership contract, we'll let you choose between paying annually or quarterly.

Individual—\$480 per year (\$120 quarterly)

Couple—\$720 per year (\$180 quarterly)

Family—\$820 per year (\$210 quarterly)

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Month-to-Month Membership

If you choose a month-to-month membership, we must require you to pay the fitness test and orientation fee.

Individual—\$50 per month

Couple—\$70 per month

Family—\$80 per month

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Other Services

Fitness Assessment/Orientation Fee—\$45

Body Fat Percentage Assessment—\$45

Drop-In Fee—\$15

Personal Training—\$35 an hour

Wellness Coaching—\$300 for a 12-week session

Fun with Fitness—\$25* for a 4-week session

Family Gym Night—\$25* for a 4-week session

Summer Camp—TBD*

Let's Play Yoga—\$35* for a 7-week session

AquaMed Therapy—\$5 per session (unlimited use with any wellness services membership)

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Discounts

A 10 percent discount on membership is available for those over the age of 65 or people on SSI due to a disability.

**No additional charge with a family membership.*